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**MAY
2018**



the
UNCANNY
chronicles



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the **UNCANNY** chronicles

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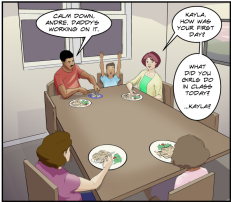
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Issue 1.5 Parent/Caregiver Resources

Kayla's household is busy, just like most! But how much is too much? Check out this short article to explore further and get some easy tips from the experts at PBS:

<http://www.pbs.org/pewcenterexpert-qps-advice/2015/05/reporter-control-household-chaos/>

Kayla seems to be struggling with a secret and might need help building self-confidence. Having a positive sense of who you are helps children become more confident in forming positive relationships with others. To learn about the importance of self-awareness, visit Understood.org

<https://www.understood.org/en/family/feelings/improving-your-childs-self-awareness/the-importance-of-self-awareness/>

Kayla and Emily are engaged in a deep conversation and Kayla is mastering up the confidence to share a big secret with her. In the meantime, Mom and Dad are managing Andre's food authority! If you've ever struggled to manage very young children, check out these resources from the experts at Zero to Three:

<https://www.zerotothree.com/138342838>

<https://www.zerotothree.org/spanish/positive-parenting-approaches>

The type of behavior displayed by Andre can be frustrating for parents and siblings! To learn more about what might be behind Andre's behavior, check out this article from PBS.org:

<http://www.pbs.org/pewcenterexpert-qps-advice/2015/11/11/behavior-misbehavior-lessons-for-liter-years/>

For more information or to stay up to date with Kayla's adventure

Visit www.improvingliteracy.org

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Issue 1.5 Parent/Caregiver Resources

Is there a chance that Kayla feels like she's pushed to the side because Andre's behavior requires so much attention from her parents? We may not know enough about that yet, but here are some expert tips for strengthening the child-parent bond:

Psychology Today

<https://www.psychologytoday.com/blog/peaceful-parents-happy-kids/201708/10-routines-will-strengthen-parent-child-relationship>

Kayla has decided to trust Emily with her secret and begins sharing her story. It can be tricky for pre-adolescent kids to forge trusting relationships with friends and Kayla is adding a fantastical story to the mix. If you are interested in learning more about pre-adolescent friendships, visit PBS.org for more:

<http://www.pbs.org/parents/parenting/raising-girls/friends-social-life/understanding-elementary-school-friendships/>

Kayla just started to share her story with Emily and it didn't go very well because Emily didn't believe parts of it. This sense of rejection is tough for pre-adolescents! As a parent, you can help build your child's self-esteem and help her advocate for herself. Check out this age-specific and topic-specific tool from Understood.org:

<https://www.understood.org/en/tools/parenting-coach/>

We don't know if there will be a conflict between Kayla and Emily yet, but if you are interested in helping your child resolve conflict, visit here:

<http://www.pbs.org/parents/parenting/raising-girls/friends-social-life/helping-elementary-schoolers-deal-with-social-conflict/>

The connection between social and emotional factors and learning disabilities can be tricky to understand. This article from the University of Michigan helps describe how the two can be related:

<http://dyslexiahelp.umich.edu/parents/living-with-dyslexia/learning-social-emotional-challenges/what-does-dyslexia-parent-see/>

Kayla shares her dislike for reading in response to her Aunt's gift of a book. Children with learning difficulties struggle to describe how they feel. To learn more about learning difficulties from a child's perspective, check this resource out from Reading Rockets:

http://www.readingrockets.org/files/default/files/rocks_public.pdf

We don't know yet if Kayla's reading struggles are due to dyslexia, but if you would like to learn more about the signs of dyslexia, visit this resource from the Parent Educational Advocacy Training Center:

<http://www.peatc.org/Fact%20Sheet%20parents/Dyslexia%20facts%20for%202016.pdf>

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